



MOLDABLE EAR RETAINERS



1. Remove plastic insert from hole.



2. Boil water. Transfer water to a heat resistant vessel. One at a time, place retainer in vessel for 5 minutes.



3. One at a time, while warm, place on ear bud, then attach foam ear tip.



4. Insert foam ear tip in ear and mold the warm ear retainer to the inside of your ear by pressing gently. Let sit until fully cool.



Note: If desired molding not achieved, remove and place in boiling water again to remold.